



**ICCGE 2014-2015**

Nom : **LAY LOW**

Choregraphe : Alexandra Hungerbühler  
Niveau : 32/4 débutant/intermediaire  
Musique : Lay Low – Josh Turner  
Album : Single 2014  
Rythme : West Coast Swing  
Danse soumise par : **Inter-Clubs Country du Grand Est**  
*Danse traduite par :* **Carine**

**1-8 Walk, Walk, Step Lock Step, Rock Recover, ¼ turn left, left Chassé**

1-2 RF step forward, LF step forward  
3&4 RF step forward, LF step behind RF, RF step forward  
5-6 LF step forward, recover to RF  
7&8 ¼ turn left, LF step to left, RF step beside LF, LF step to left (9:00)

**9-16 Cross, Side, Sailor Step, Cross, Point, Behind, ¼ turn left, step Fwrd.**

1-2 RF in front of LF, LF step to left  
3&4 RF step behind LF, LF step beside RF, RF step to right  
5-6 LF cross over RF, RF touch to right side  
7&8 RF step behind LF, ¼ turn left, LF step forward, RF step forward (6:00)

*\*Restart: In the 4th wall dance the first 16 counts.*

*After the 16 counts must be a **& Ball** to danced, then you are on the left and can start the dance from the beginning.*

*\* Tag & Restart: In the 9th wall*

*dance the first 16 counts, than following addition dance:*

**TAG : 1-4 Rock Recover, Coaster Step**

*1-2 LF Step forward, recover to RF*

*3&4 LF Step back, RF step together, LF step forward*

**17-24 Rock Recover, Shuffle back, ½ turn right back, ½ Turn back right, ¼ turn right, right Chassé**

1-2 LF step forward, recover to RF  
3&4 LF step back, step right beside left, step left back  
5-6 ½ turn right (12:00), RF step forward, ½ turn right (6:00), LF step back  
7&8 ¼ turn right, RF step to right, LF step beside RF, RF step to side (9:00)

**25-32 Cross Rock, Recover, Chassé with ¼ Turn left, Pivot ½ turn left, Pivot ¼ turn left**

1-2 LF cross over RF, recover weight onto RF  
3&4 LF Step to left, RF step beside LF, ¼ turn left LF step forward (6:00)  
5-6 RF Step forward, ½ turn left (12.00)  
7&8 RF step forward, ¼ turn left (9:00)

**Start again ...**

**Enjoy and don `t forget to Smile!**