



Nom: **BETTER LIFE**

Choreographed by: Peter Metelnick  
Description: 48 counts, 4 walls

Rythme:  
Music: **Better Life by Keith Urban**

Niveau: Intermédiaire  
Danse soumise par: **Inter-Clubs Country du Grand Est**  
Danse traduite:

**RIGHT and LEFT HEEL SWITCHES, LEFT BALL CROSS, 1/4 RIGHT and KICK, RIGHT BALL CROSS, 3/4 TURN LEFT INTO FORWARD SHUFFLE**

- 1&2& Touch right heel forward, step right together, touch left heel forward, step left together  
3&4 Cross right over left, turning 1/4 right step left back, kick right on right diagonal  
&5 - 6 Step right back, cross left over right, turning 1/4 left step right forward  
7&8 Turning 1/2 left step left forward, step right together, step left forward

**RIGHT and LEFT HEEL SWITCHES, LEFT BALL CROSS, 1/4 RIGHT and KICK, RIGHT BALL CROSS, 1/2 TURN LEFT INTO SIDE SHUFFLE**

- 1&2& Touch right heel forward, step right together, touch left heel forward, step left together  
3&4 Cross right over left, turning 1/4 right step left back, kick right on right diagonal  
&5 - 6 Step right back, cross left over right, turning 1/4 left step right forward  
7&8 Turning 1/4 left step left to left, step right together, step left to left

**SYNCOPATED RIGHT CROSS ROCK STEP, WEAVE, LEFT SAILOR STEP, RIGHT CROSS BEHIND and UNWIND 3/4 RIGHT**

- 1& Cross right over left, recover weight on left,  
2 - 3 - 4 Step right to right, Cross left over right, step right to right  
5&6 Cross left behind right, step right to right, step left to left  
7 - 8 Touch right behind left, unwind 3/4 right with weight ending on right

**LEFT ROCK STEP, 1/2 TURNING LEFT SHUFFLE, RIGHT FORWARD, 1/2 LEFT PIVOT, RIGHT KICK BALL TOUCH**

- 1 - 2 Step left forward, recover weight on right  
3&4 Turning 1/2 left step left forward, step right together, step left forward  
5 - 6 Step right forward, pivot 1/2 left  
7&8 Kick right forward, step right together, touch left to left

**LEFT SAILOR STEP WITH 1/4 RIGHT TURN, RIGHT SAILOR HEEL, RIGHT BALL CROSS INTO LEFT CROSS SHUFFLE, 1/2 LEFT TURN**

- 1&2 Cross left behind right, turning 1/4 right step right to right, step left to left  
3&4 Cross right behind left, step left to left, touch right heel forward on right diagonal  
&5&6 Step right back, cross left over right, step right to right, cross left over right  
7 - 8 Turning 1/4 left step right back, turning 1/4 left step left to left

**RIGHT FORWARD, TOUCH LEFT TOGETHER, LEFT BALL HEEL, RIGHT BACK, LEFT FORWARD, RIGHT FORWARD, 1/2 LEFT PIVOT, RIGHT KICK BALL STEP**

- 1 - 2 Step right forward, touch left together  
&3&4 Step left back, touch right heel forward, step right back, step left forward  
5 - 6 Step right forward, pivot 1/2 left (weight on left)  
7&8 Kick right forward, step right together, step left forward

**REPEAT**